



# BIG ISLAND Periodontics & Implants

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Hilo: 808 935-3724    Honokaa: 808 775-7294    Kona: 808 329-0025

## **PRE-OPERATIVE INSTRUCTIONS for DENTAL IMPLANTS and PERIODONTAL SURGERY**

1. Any medical conditions should be discussed prior to surgery date.
2. Please advise us of all medications you are taking.
3. Take all medically prescribed daily medications as usual.
4. Take all medications prescribed by our office as directed.
5. Do not wear cosmetics around the mouth, as they may be inadvertently transferred into the surgical area during the procedure.
6. Do not drink caffeinated beverages the day of surgery.
7. Do not drink alcoholic beverages for 3 days prior to surgery.
8. Do eat a light meal before arriving at our center for surgery unless otherwise directed.
9. Wear comfortable, loose-fitting clothing, as we will monitor your blood pressure during the procedure.
10. Do bring your own music (I-pod and headphones) or we can provide musical selections for you to listen to during your procedure.

Day/Time of Appointment: \_\_\_\_\_

Additional Instructions: \_\_\_\_\_

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